

EPC

EXPERT PSYCHOLOGY

CONSULTANCY

Dr Emma Chorlton
Clinical Psychologist
BSc(Hons), PGCert, ClinPsyD
HPC Registration Number: PYL30404

Areas of Expertise

- Mental Health
- Personality issues and/or disorder
- Learning Disability
- Asperger's Syndrome
- Autistic Spectrum Disorders
- Relational difficulties
- Cognitive Assessment/Intellectual Functioning
- Risk Assessment
- Capacity Assessment
- Addictions/substance misuse (Drug and Alcohol)
- Diagnostic Assessment
- Treatment

I am able to undertake independent assessments in a variety of areas and write reports as required. I also provide treatment to adults with a range of psychological difficulties.

Qualifications

- BSc(Hons) Psychology, Manchester Metropolitan University, 2007
- Post Graduate Certificate in Low Intensity Interventions (Improving Access to Psychological Therapy), University of York, 2009
- ClinPsyD (Doctorate in Clinical Psychology), Lancaster University, 2013

Previous Experience

Expert Psychology Consultancy Ltd, Registered Office 33 Knowsley Street, Bury, BL9 0ST.
Registered Number 08270157. Registered in England

- 2015 - Present Expert Psychology Consultancy Ltd
- 2013 - Present 5 Borough Partnership NHS Foundation Trust
Learning Disability/Complex Mental Health
Low secure services
- 2015 5 Borough Partnership NHS Foundation Trust
Learning Disability/Complex Mental Health
Psychological Therapy Services
- 2014 - 2015 5 Borough Partnership NHS Foundation Trust
Older Adult Organic/Memory (Dementia)
Memory Assessment Team
- 2014 5 Borough Partnership NHS Foundation Trust
Mental Health/Personality Disorder Service, Low
Secure Services
- 2010 - 2013 Lancashire Care NHS Foundation Trust
DClinPsy Training comprising placements;
- 2009 - 2010 Greater Manchester West NHS Foundation Trust
Complex Adult Mental Health
Psychosis Research Unit / Early Intervention in
Psychosis Service
- 2009 South West Yorkshire Partnership NHS Foundation
Trust
Adult Mental Health
Improving Access to Psychological Therapies
(Primary Care)

I am a clinical psychologist who has many years experience in the NHS, in addition to experience in the independent sector working with individuals who have a range of mental health and personality difficulties.

I qualified as a clinical psychologist in 2013, since which time I have gained post-qualification experience in low secure and community settings. During the course of my career I have carried out psychological assessments and provided reports on individuals with a wide range of mental disorders, including learning disabilities, autistic spectrum disorder, personality disorders, depression, anxiety, psychosis, dementia and substance misuse difficulties. During my career I have also provided therapeutic treatments to children, adults with mild mental health difficulties, and complex mental health difficulties (including personality

disorders), older adults, adults with learning disabilities and adults with autistic spectrum disorders (including post-diagnostic therapy).

I have received training in the use of a range of assessment tools, including those based around risk. I am also skilled in the use of a variety of cognitive assessments, including those which determine the presence or absence of intellectual difficulties, and of dementias.

I have experience in supervising others from psychological (psychology assistants and trainees) and non-psychological (e.g. nursing, support work, occupational therapy) backgrounds, in addition to providing consultation and training to others.

Reports

I have prepared many reports during my career. These reports have included, but have not been restricted to, the following areas:

- Psychological assessment and formulation to develop understanding of relationship difficulties and mental health diagnoses
- Risk Assessment
- Diagnostic Assessments
- The impact of mental disorder/personality diagnoses on criminal behaviours
- The impact of traumatic events
- Substance misuse
- Assessment of capacity
- Recommendations for treatment to ameliorate difficulties